YOU'VE **GOT THIS**

SCAN QR CODE TO VISIT OUR WEBSITE



Visit One Of Our Campuses

BLOEMFONTEIN

97 St Andrews Street

BRAAMFONTEIN

23 Jorissen Street

CAPE TOWN

Union Castle Building, 55 St Georges Street (Cnr Hout Street). Cape Town City Centre

DURBAN

221 Dr Pixley Kaseme Street

MBOMBELA

19 Hope Street, Mbombela

POLOKWANE

54 Kerk (Church) Street

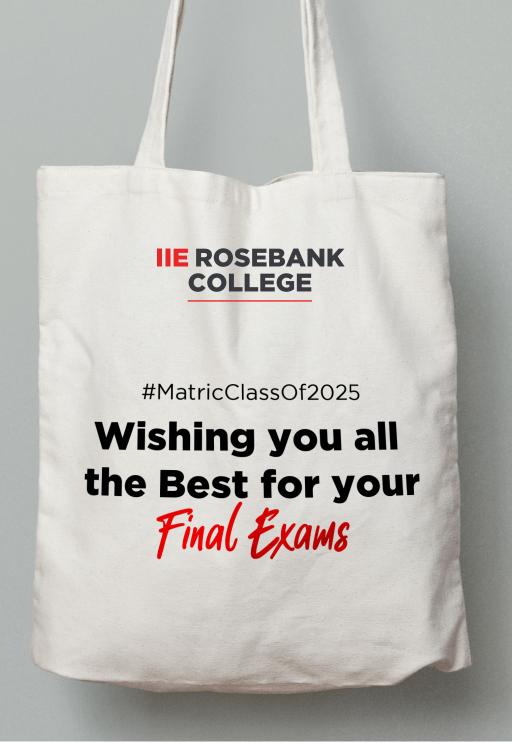
NELSON MANDELA BAY

3 Rink Street, Nelson Mandela Bay

PRETORIA CBD

239 Pretorius Street

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STUDY PLANNER

October 2025										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
			New Month Reset Write down 3 goals for the month. Earlybird Registration: Pay 2025 fees in 2026 and Save (Ts & Cs Apply)	Review past exam papers	3	IIE RC Open Day (Campus or Virtual)				
5 Self Care Sunday	Note to self: I am showing up for myself this week	Review past exam papers	Wellness Reminder: Do a 15-minute walk or light stretch	9	10	11				
12 Self Care Sunday	Note to self- I manage my time wisely and use my energy for progress	14	Wellness Reminder: Eat a healthy snack	Review past exam papers	17	18				
19 Self Care Sunday	Good luck for exams, you've got this. Note to self: I have everything I need within me to succeed everything I need within me to succeed exerything I need within me to succeed.	21 Review past exam papers	Wellness Reminder: Journal your thoughts	23	24	Registration Day (On campus and online)				
26	27	28	Wellness Reminder: Listen to uplifting	30	31					
Self Care Sunday	IIE Rosebank College Application Week		Listen to uplifting music	Review past exam papers						

November 2025										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
						1				
2 Self Care Sunday	Note to self: I am proud of myself for how far I've come. I finish strong	4	Wellness Reminder: Drink 2-3 bottles of water	6	7	8				
9	Note to self: I trust the process; my	11	Wellness Reminder: Drink 2-3 bottles	13	14	Activity IIE Rosebank College Campus Tour Visit a campus				
16 Self Care Sunday	hard work is paying off 17 Note to self: I am disciplined, and I use my time wisely	18	of water 19 Wellness Reminder: Listen to uplifting music	20	21	22				
23 Self Care Sunday 30	Reminder: IIE Rosebank College Application Week	Reminder: IIE Rosebank College Pay 2025 fees in 2026 Valid Until 31 December (Ts & Cs Apply)	Wellness Reminder: Sleep atleast 7-8 hours	27	28	Activity IIE Rosebank College Campus Tour Visit a campus near you				
Self Care Sunday										